



PART SIX:
HEART DISEASE

Connect Group Discussion Guide
Sunday, July 31, 2022



RESTORATIONLIFE
CHURCH

HEART DISEASE

Hebrews 3:12-13; Proverbs 4:23

ICE BREAKER

What is one favorite thing you do by yourself?

GOING DEEPER

1. Read Hebrews 3:12-13. According to this passage, what kind of heart leads us to fall away from the living God?
2. What are some ways that we neglect taking care of our hearts?
3. Do you struggle with silence? Is it hard to look at your heart honestly?
4. Do you struggle with taking your mask off around other believers? Do you tend to withhold information that could help others encourage you toward obedience to Christ?
5. In what ways can you encourage other Christ followers in their obedience to Him? In what areas do you need the encouragement of this group to help you keep moving forward in your walk with Jesus?

GOD'S TRUTH TO REMEMBER

Hebrews 3:12-13 (NIV) - See to it, brothers, that none of you has a sinful, unbelieving heart that turns away from the living God. But encourage one another daily, as long as it is called Today, so that none of you may be hardened by sin's deceitfulness.

FOR FURTHER READING

The Pursuit of Holiness by Jerry Bridges

The Divine Conspiracy by Dallas Willard

Renovation of the Heart by Dallas Willard

PRAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

SERMON NOTES