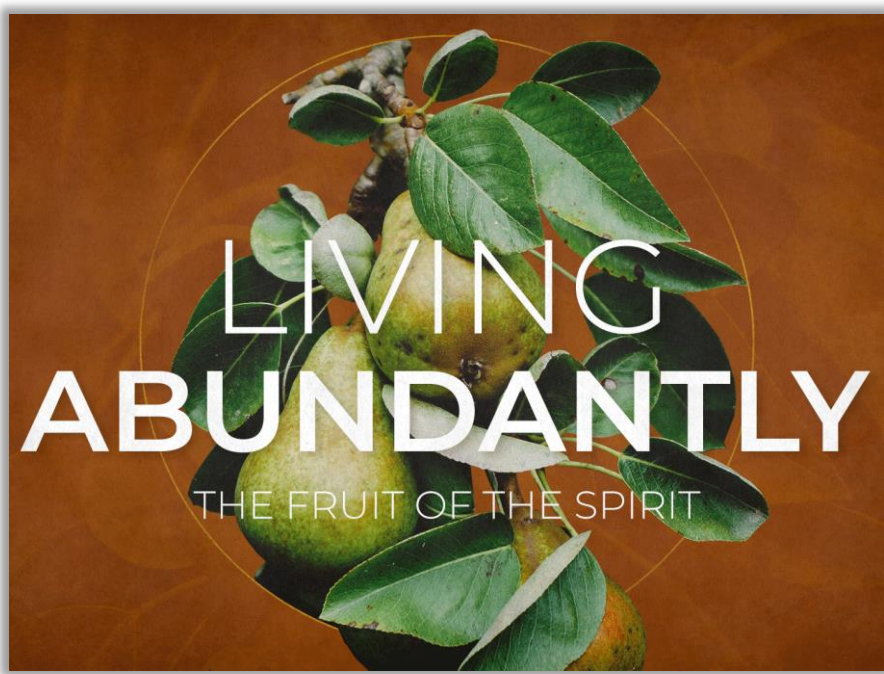




PART FOUR: PATIENCE & GENTLENESS

*Connect Group Discussion Guide
Sunday, March 26, 2023*



RESTORATIONLIFE
CHURCH

PATIENCE & GENTLENESS

*Galatians 5:22–23; Isaiah 40:31; Luke 21:19;
Ephesians 1:10; 2 Peter 3:9; Matthew 18:23–35; James 1:2–4*

ICE BREAKER

What causes you to feel impatient?

GOING DEEPER

- 1) Read Isaiah 40:31. What does it mean to wait upon the Lord?
What are the benefits of waiting on the Lord?
- 2) What are some of the problems that arise when we act impatiently?
- 3) How are patience and gentleness related?
- 4) Why is it so hard for us as humans to trust in the perfect timing of God? What are some areas in your life where you struggle to wait on God's timing?
- 5) Read James 1:2–4. What does this passage tell us about growing in patience (i.e., endurance or perseverance)? Does going through troubles automatically produce patience in our lives?

GOD'S TRUTH TO REMEMBER

Isaiah 40:31 (NKJV) - But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

FOR FURTHER READING

The Fruitful Life by Jerry Bridges

Fruit of the Spirit by Donald Gee

Life on the Vine by Philip D. Kenneson

Fruit of the Spirit by Thomas E. Trask & Wayne I. Goodall

Cultivating the Fruit of the Spirit by Christopher J. H. Wright

PRAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

SERMON NOTES