



# THE BREATH OF GOD

THE PERSON & WORK OF THE HOLY SPIRIT

## **PART SIX: FROM FRUSTRATION TO FULLNESS**

*Connect Group Discussion Guide  
Sunday, July 7, 2024*



**RESTORATION**LIFE  
CHURCH

# FROM FRUSTRATION TO FULLNESS

*Galatians 5:16–25; 1 Peter 2:2-3; 2 Peter 3:18; Ephesians 4:11–15  
Romans 7:21–24; John 15:5; Philippians 4:13; Colossians 3:1–14*

## ICE BREAKER

What kinds of things seem to really make you feel frustrated?

## GOING DEEPER

- 1) Read Galatians 5:25. What do you think it means to keep in step with the Spirit?
- 2) Read Galatians 5:22-23. How are the fruit of the Spirit and spiritual maturity related?
- 3) What's the difference between the fruit of the Spirit and the gifts of the Spirit?
- 4) Read Galatians 5:17 and Romans 7:21-24. What do these passages tell us about the inner struggle Christians face? What does this mean in regard to our need for the power of the Holy Spirit?
- 5) Read Colossians 3:1-14 and take note of every action Paul says we should take (i.e., “put to death”, “set your mind”, “rid yourself”, “put on”, etc.). Who is supposed to be taking these actions? What does Philippians 4:13 tell us about how we're able to execute these commands?

## GOD'S TRUTH TO REMEMBER

***Galatians 5:25 (NIV)*** - Since we live by the Spirit, let us keep in step with the Spirit.

## PRAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

# SERMON NOTES