



PART SIX:
KINDNESS & GOODNESS

Connect Group Discussion Guide
Sunday, August 17, 2025



RESTORATIONLIFE
CHURCH

KINDNESS & GOODNESS

Galatians 5:22–23, 6:1–2; Proverbs 28:6, 10:9, 11:3, 20:7; 1 Chronicles 29:17; Romans 7:15; Psalm 25:21; Ephesians 4:15; James 5:16; Matthew 6:1, 7:21–23; Mark 12:29–31; John 8:32, 13:35; Hebrews 4:15–16; Isaiah 49:15–16

ICE BREAKER

Share a time in your life when someone expressed kindness to you in a way that really touched your life.

GOING DEEPER

- 1) Read Proverbs 28:6 and 1 Chronicles 29:17. What do these verses teach us about how God views integrity (or goodness)?
- 2) Read Psalm 25:21, Proverbs 10:9, and Proverbs 11:3. According to these verses, what are some of the benefits of walking in integrity?
- 3) Why is integrity in the home so vitally important for us? What happens to children if publicly professed values aren't lived out in real life in the home?
- 4) Pastor Dave said that to practice integrity in the home, it requires us to speak honestly, confess regularly, live consistently, and keep commitments. How do each of those elements relate to living with integrity in the home?
- 5) Read Ephesians 4:15. Why is speaking the truth to someone, even if it is a painful truth, actually an act of love? Can you love someone without speaking truth?
- 6) At times, loving someone requires us to confront them with truth. In those moments, how does one speak the truth and maintain a spirit of love and kindness?
- 7) Read Romans 12:2. Why is renewing our minds so important when it comes to controlling anger? How does one renew his or her mind?

GOD'S TRUTH TO REMEMBER

Galatians 5:22-23 (NIV) - But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

PRAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

SERMON NOTES