



PART EIGHT: GENTLENESS

*Connect Group Discussion Guide
Sunday, September 14, 2025*



RESTORATIONLIFE
CHURCH

GENTLENESS

Galatians 5:22-23; Numbers 12:3, 6-8; Matthew 11:28-29, 20:20-21, 21:5; Luke 9:51-54; Philippians 2:3-4; Romans 15:1; James 3: 6-8, 16, 4:1-2; Ephesians 4:2, 4:29; Proverbs 11:12, 12:16, 15:1, 16:32

ICE BREAKER

Who is the humblest person you've ever met.

GOING DEEPER

- 1) What's the difference between meekness and weakness? Can gentleness be misconstrued as weakness?
- 2) Pastor Dave said that gentleness doesn't come naturally to us as humans, it's an act of God's grace and he also said that growing in gentleness is a conscious decision. What did he mean by those statements and why are they not contradictory?
- 3) Why is coming into some sort of power a real test of our meekness and humility?
- 4) Read Philippians 2:3-4. What does this verse teach us about how humility affects our attitudes?
- 5) Read Ephesians 4:29 and James 3:6-8. Why do you think it's so difficult for us to put the words we say under the control of the Holy Spirit?
- 6) When it comes to your failures, how has God dealt gently with you?
- 7) Read Proverbs 12:16, 15:1, and 16:32. Why is it so important to allow God to control our response to people when they are hurtful toward us?

GOD'S TRUTH TO REMEMBER

Galatians 5:22-23 (NIV) - But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

THOUGHT FOR THIS WEEK

Gentleness is bringing your personality, your outlook, your words, your expectations, and your responses under God's control.

PRAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

SERMON NOTES