



PART SIX:
PEACE

Connect Group Discussion Guide
Sunday, March 1, 2026



RESTORATIONLIFE
CHURCH

PEACE

*2 Kings 4:14–35; Isaiah 26:3; John 14:27, 16:33;
Psalm 29:11, 119:15, 97; Philippians 3:13–14, 4:7-8; Joshua 1:8*

ICE BREAKER

Describe the most peaceful place you've ever been.

GOING DEEPER

- 1) Read Isaiah 26:3. What part does our mind play in experiencing God's peace?
- 2) How does fixing our minds on the past or on our problems keep us from experiencing the peace of God?
- 3) Read Philippians 3:13-14. According to this passage, how should we treat the past? What does Paul mean when he talks about forgetting the past? Does he mean that we wipe it from our memory completely to the point that we have no recollection of the past?
- 4) What are some things that stir your affection for Christ? How can you discipline your thought life to meditate on those things instead of all the distractions of life?
- 5) Are there areas of your thought life about which you sense the Lord telling you that there needs to be a change? How will you respond to Him? (*Give specifics*)

GOD'S TRUTH TO REMEMBER

Isaiah 26:3 (MEV) - You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You.

PRAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

SERMON NOTES