



PART TWO:
BE STRONG AND
COURAGEOUS

Connect Group Discussion Guide
Sunday, May 31, 2026



RESTORATIONLIFE
CHURCH

BE STRONG AND COURAGEOUS

*Joshua 1:5-9; 1 Corinthians 4:16, 11:1; Hebrews 13:7;
Psalm 91; Proverbs 4:25-27; Galatians 6:9*

ICE BREAKER

What is your greatest phobia? (phobia = an unreasonable fear)

GOING DEEPER

- 1) Read Joshua 1:6-9. Why did God repeat the phrase “Be strong and courageous,” three different times to Joshua? What can we learn from this interaction?
- 2) How could a person come to the conclusion that courage is a choice from God’s instructions to Joshua? (*Joshua 1:6-9*)
- 3) In Joshua 1:7-8, God told Joshua three ways to nurture his courage. What were the three instructions God gave to Joshua, and how do they apply to our lives today?
- 4) Why is immersing ourselves in God’s Word so important if we want to walk in courage in spite of our fears?
- 5) Read Joshua 1:5, Joshua 1:9, Psalm 91, Romans 8:31, and Galatians 6:9. How do these verses inspire courage in our lives?
- 6) What practical steps will you take to nurture courage in your life?

GOD'S TRUTH TO REMEMBER

Joshua 1:9 (NIV) - Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go.

PRAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

SERMON NOTES