



WALKING THE TIGHTROPE

PART TWO: LIVING BETWEEN FAITH AND DOUBT

*Connect Group Discussion Guide
Sunday, July 26, 2026*



RESTORATIONLIFE
CHURCH

LIVING BETWEEN FAITH AND DOUBT

John 20:19–29; Mark 9:14–24; Matthew 17:19–21

ICE BREAKER

What two words best describe you?

GOING DEEPER

- 1) Read John 20:19-29. Thomas expressed his doubt about Jesus' resurrection. How did Jesus react to Thomas' expression of doubt? What can we learn from this?
- 2) Read Mark 9:14-24 How did the boy's father express both his faith and his doubt? How did Jesus respond to him? What can we learn from this?
- 3) Pastor Dave said that we need to embrace the mystery when there are questions for which we can't seem to find answers. What does it mean to embrace the mystery?
- 4) When Thomas saw Jesus in person, he believed and said, "My Lord and my God!" That was the moment that Thomas exchanged doubt for faith. What does it mean for us to exchange our doubt for faith?
- 5) Read Matthew 17:19-21. Jesus says that if we have faith the size of a mustard seed, we can move mountains. What does this tell us about the importance of the size of our faith? How does this apply to your life?

GOD'S TRUTH TO REMEMBER

John 20:26–29 (ESV) - Eight days later, his disciples were inside again, and Thomas was with them. Although the doors were locked, Jesus came and stood among them and said, “Peace be with you.” Then he said to Thomas, “Put your finger here, and see my hands; and put out your hand, and place it in my side. Do not disbelieve, but believe.” Thomas answered him, “My Lord and my God!” Jesus said to him, “Have you believed because you have seen me? Blessed are those who have not seen and yet have believed.”

PRAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

SERMON NOTES