



WALKING THE TIGHTROPE

PART THREE: LIVING BETWEEN COURAGE AND FEAR

*Connect Group Discussion Guide
Sunday, August 2, 2026*



RESTORATIONLIFE
CHURCH

LIVING BETWEEN COURAGE AND FEAR

Matthew 14:22–33; Romans 8:38–39; 1 John 4:18; John 3:16; Ephesians 3:17–19

ICE BREAKER

Tell the story of a time in your life when someone really scared you.

GOING DEEPER

- 1) Read Matthew 14:22-33. In what ways did the disciples experience insecurity and instability in this event? What emotion did the insecurity and instability create inside of them?
- 2) Read Matthew 14:22. This verse tells us that Jesus, knowing that a storm was coming, made the disciples get into the boat. What does that say to us about our lives? What are some reasons why Jesus might send us into a storm in our lives?
- 3) Is all fear bad? What kind of fear is good? When does fear become destructive in our lives?
- 4) Read Matthew 14:28-29. In spite of his fear, Peter took a huge step of faith by getting out of the boat to walk on the water. What can we learn from Peter's example for times in our lives when we are filled with fear?
- 5) Read Matthew 14:29-30. When Peter focused on Jesus, he got out of the boat and walked on water. What happened when Peter stopped focusing on Jesus? What lesson can we learn from Peter's experience?
- 6) Read Romans 8:38-39, John 3:16, Ephesians 3:17-19, and 1 John 4:18. How does focusing on God's love help us overcome our fears?

GOD'S TRUTH TO REMEMBER

1 John 4:18 (NIV) - There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.

PRAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

SERMON NOTES