



PART ONE:
JACOB AND THE WRESTLER

Connect Group Discussion Guide
Sunday, August 16, 2026



RESTORATIONLIFE
CHURCH

JACOB AND THE WRESTLER

Genesis 32:22–30; Luke 22:42; Philippians 1:6; Matthew 16:25, 20:16; Colossians 3:3; Philippians 2:5–8; Hebrews 12:2

ICE BREAKER

When was the last time you did something for the first time? What was it?

GOING DEEPER

- 1) Jacob thinks his problem is Esau, but his problem is that he doesn't trust God to take care of Esau. How does this reflect the way we act sometimes?
- 2) Pastor Dave said, "When we stare at the cross long enough, we see that God can be trusted." What does that mean? Why is understanding God's love for us pivotal in learning to trust Him?
- 3) What is the relationship between the difficult times in our lives and our ability to grow in our trust in Jesus?
- 4) Why is it important to know the reality of God personally, instead of resting on stories, emotion, and hand-me-down faith?
- 5) Read Matthew 16:25, Matthew 20:16, and Colossians 3:3. What do these passages teach us about the pathway to victory in our lives?
- 6) Read Philippians 2:5-8 and Hebrews 12:2. What do these passages teach us about the example Jesus set for us? If we are to follow His example, how should we live?

GOD'S TRUTH TO REMEMBER

Philippians 2:5–8 (NIV) - Your attitude should be the same as that of Christ Jesus: Who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself and became obedient to death—even death on a cross!

PRAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

SERMON NOTES