



PART FOUR:
LIVING BETWEEN
STRENGTH AND WEAKNESS

Connect Group Discussion Guide
Sunday, August 9, 2026



RESTORATIONLIFE
CHURCH

LIVING BETWEEN STRENGTH AND WEAKNESS

2 Corinthians 12:7-10

ICE BREAKER

Tell the story of a time in your life when you felt really weak. Tell of a time when you felt really strong.

GOING DEEPER

- 1) Read 2 Corinthians 12:7-10. What was Paul's problem? How does that relate to our weaknesses?
- 2) How does the devil use our weaknesses to paralyze us?
- 3) What was God's purpose for Paul's thorn in the flesh? If there was a purpose for Paul's thorn, what might that say to us when dealing with our own weaknesses?
- 4) How does a "thorn in the flesh" cause us to remember that we're human, keep us from conceit, and cause us to call out to Jesus?
- 5) What was God's ultimate answer to Paul concerning removing Paul's thorn in the flesh? What can we learn from this?
- 6) Pastor Dave said that God's grace is not an "instead of" grace, my grace is an "in spite of" grace. What does that mean?
- 7) How does the story of David and Goliath illustrate the principle that when we are weak, God will be our strength? What does that mean for you in your life right now?

GOD'S TRUTH TO REMEMBER

2 Corinthians 12:8–10 (NIV) - To keep me from becoming conceited because of these surpassingly great revelations, there was given me a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me. But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

PRAAYER REQUESTS

(List prayer requests here so you can pray for them all week long.)

SERMON NOTES